



# Kalasangam Classes

Bharatanatyam, Bollywood,  
Punjabi Dance and Music,  
Contemporary Dance, and Yoga

# Our Classes

Bharatanatyam Academy	Beginners	Sat	9th Sept - 9th Dec	11.30am-12.30am	£91 - 13 week term
	Intermediate	Sat	9th Sept - 9th Dec	10am-11.30am	£195 - 13 week term
Ashtanga Yoga	Beginners	Sat	16th Sept - 21st Oct	11.45am - 12.45pm	£30 per course
		Sat	28th Oct - 2nd Dec	11.45am - 12.45pm	£30 per course
	Improvers	Sat	every Sat - 16th Dec	10.30am - 11.40am	£6 or £30 for 6 classes within 3 months
Trishool Dance Academy Bollywood Dance Classes		Mon	11th Sept - 11th Dec	6.00pm - 7.00pm	£5.50 calss / £65* termly - ages 3-7yrs
		Mon	11th Sept - 11th Dec	6.00pm - 7.00pm	£5.50 class / £65* termly - ages 8-13yrs
		Mon	11th Sept - 11th Dec	6.00pm - 7.00pm	£6 class / £70* termly - Ladies
		Mon	11th Sept - 11th Dec	7.00pm - 8.30pm	£5.50 class / £70* termly - ages 14+yrs
Punjabi Roots Academy - Bhangra Classes		Wed	13th Sept - 13th Dec	6.00pm - 7.00pm	£5.50 class / £65* termly - Children
		Wed	13th Sept - 13th Dec	6.00pm - 7.00pm	£6 class / £70* termly - Adults
Punjabi Roots Academy - Dhol Classes		Wed	13th Sept - 13th Dec	7.00pm - 8.00pm	£10 class / all ages
Phoenix Dance Theatre No Bounds Dance Classes for Boys		Thurs	2nd Nov - 7th Dec	5.00pm - 6.00pm	7-11 years - FREE
		Thurs	2nd Nov - 7th Dec	6.00pm - 7.30pm	12-18 years - FREE

\*10% discount on termly payments

## More About Our Classes

### Bharatanatyam Academy

Our Bharatanatyam Academy offers ISTD accredited training.

This expressive dance style tells stories through hand gestures, foot work, facial expressions, neck and head movements.

Join our Academy to be taught by a top traditionally trained teacher and dancer.

Contact 01274 303340 or [marianne@kalasangam.org](mailto:marianne@kalasangam.org)

### Bollywood Dancing

#### in partnership with Trishool Dance Academy

Bollywood dance is a spectacular fusion of Eastern and Western dance styles. It mixes classical Indian dance, Indian folk dance with western styles such as Street, Hip-Hop and Jazz. Come and experience the energy and share in the fun.

Contact Trishool Dance Academy on

07540395526 or [info@trishoordanceacademy.co.uk](mailto:info@trishoordanceacademy.co.uk)

### Punjabi music and dance classes

#### in partnership with Punjabi Roots Academy

We deliver lively bhangra dancing and dhol drumming for people of all ages.

Join in and experience the Punjabi beats. Balle! Balle! Hoi! Hoi!

Contact PRA on 0333 335 0588 or email [hiya@punjabiroots.academy](mailto:hiya@punjabiroots.academy)

### NO BOUNDS - dance classes for Boys

#### Phoenix Dance Theatre supported by Kala Sangam

No Bounds is aimed at energetic boys who want to develop new dance skills. Classes are suitable for all abilities from beginners to experienced. All classes are free!

Contact the Phoenix Dance Theatre team

on 0113 236 8130 or email [education@phoenixdancetheatre.co.uk](mailto:education@phoenixdancetheatre.co.uk)

### Ashtanga Yoga with Yoga Bradford

In partnership with Yoga Bradford we deliver a six-week Ashtanga Yoga course for Beginners, and Improvers classes for those with more experience.

Contact: [yogabradford@gmail.com](mailto:yogabradford@gmail.com) or [info@kalasangam.org](mailto:info@kalasangam.org)



Kala Sangam Arts Centre  
St Peter's House  
1 Forster Square  
Bradford  
BD1 4TY

Finding us is easy. All day parking is available at The Broadway for just £3. Kala Sangam is located over the road, simply take the exit between Marks & SPencer and SuperDry.

[marianne@kalasangam.org](mailto:marianne@kalasangam.org)  
[www.KalaSangam.org](http://www.KalaSangam.org)  
(01274) 303340

